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www.cwsoccer.com

CWSC/WSA presents:

Youth Development Academy Training Groups



Curriculum for 7 Weeks:

Week 1: Ball Control/Dribbling

Week 2: Feints/Moves

Week 3: Passing/Receiving
Technique

Week 4: Striking Technique

Week 5: Turning/Opening Up

Week 6: 1 v 1

Week 7: Shooting on target

*Please bring your own soccer ball, water, shin guards, proper cleats.

*Players will train within ages, movement may occur based on skill level.

*Sign up online at: www.cwsoccer.com

Purpose: *To develop ALL players that are current U8/U9/U10 within CWSC over a 7 week long period.*

Who: *Boys and girls ages 8 to 10 years old.*

What: *Advanced Technical Training for those interested in furthering their development. Trainer to player ratio, 1:8-10.*

When/where: *Two nights (Tuesday) 5 to 6:30 at Doc Harris Stadium, Thursday futsal 5-6:30 at Cardon Turf. Tues=Tech Training, Thursday=Futsal games (during 7 wks.) Start January 10th!!!*

Why: *Better fundamental players, improved skills, build confidence within every player, and develop everyone within club that wants it!*

Cost: *\$125 for 7 weeks of one night training, one night futsal play during 7 weeks.*

Staff: *Training sessions will be lead by: Dan Macaya (Director of Youth Development, Portland Timbers Camp Staff/RTC Assistant Coach), Max Von Rabeneau (WSA Technical Trainer, Portland Timbers Camp Staff), Ross Blanchard (WSA Technical Trainer, Portland Timbers Camp Staff), Jeff Castagnola (CWSC/WSA*